



Discuss*

- How have you experienced sin at work in you like Paul describes in Romans 7:15-23?
- How do you see death – not just physical death, but loss in all forms – tainting the way that we view our world? What are some ways that people try to cope with and protect themselves from death and loss?
- As a group, take a moment to reflect on the death and resurrection of Jesus. What thoughts and feelings arise as you meditate on these things, especially in light of our current world situation?
- In your own words, what is the difference between walking according to the flesh and according to the Spirit? What are some of the tensions that this creates for you as you go through life?
- As a group, read Colossians 3:1-17, paying careful attention to the difference between the “things that are on earth” (i.e. “walking according to the flesh”) and the “things that are above” (i.e. “walking according to the Spirit”). Which of these do you resonate with most? Which of these do you need to be delivered from, and which do you need more of?

Reflect

- Which of the above (from Colossians 3) are you afraid to ask God to bring about, and why?
- What would it take to for you to ask him to bring those things about?
- How can your group support you in that?

**Use these questions to guide your discussion. Don't feel like you have to go through all of them and make sure you take time to talk through any questions and observations from the group.*