



**Discuss\***

- What are some of the things troubling your heart right now? Will you name them and then share them with your group?  
**(Remember: A troubled heart is common to the human experience. You are not alone so don't hold your troubles of heart as if you are the only one who experiences this!)**
- Can you think of a time when God did not **meet** your expectations but **exceeded** them? Share your initial disappointment with God – the space between unmet expectations and your expectations being exceeded.
- Can you think of a time when God did not meet your expectations and remain unmet to this day, much less exceeded? How do you feel when you think about this? What feelings emerge as you talk about it?

**Reflect on the Dynamic of John 14:1-7**

The Problem:	Troubled of heart
The Cause of the Problem:	Unmet expectations
The Response:	Believe in God and believe in Me

- How can you live into this dynamic in the specific, persistent troubles in your life? Reflect on the unmet expectations that have brought about your troubled heart. What is the truth of God that resolves those unmet expectations?
- Discuss the phrase “**I AM**” with your group. How does the deeper understanding of this phrase speak to **the absolute and total supremacy of Christ in all human experience?**

**Pray through your reflections with your group.**