

Harvester Groups | Questions for Week Three—The Samaritan Woman John 4:3-9

Open

- What are some ways that your scars lead you to seek isolation? To hide from others, God, maybe even yourself?

Discuss*

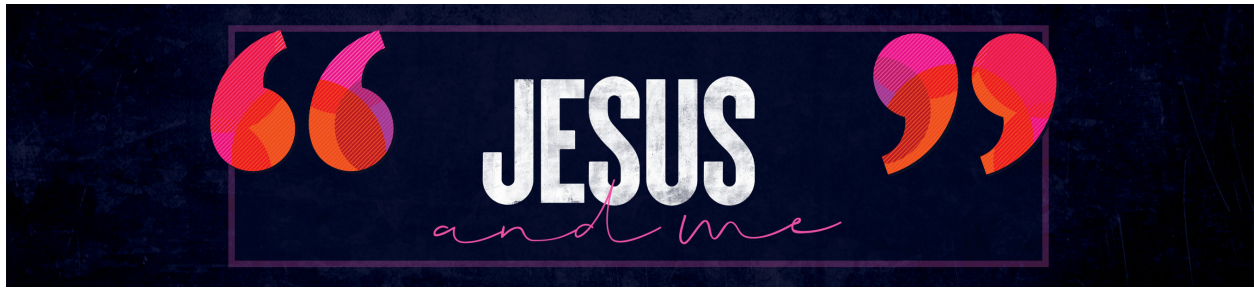
- In the video this statement is made: “Defensiveness and offendedness are always symptoms of being scarred by something – life, others, ourselves – something.” Discuss Jesus’ life, as we see it in the Gospels. Do you see any moments of being defensive or of being personally offended?
- Read verse 16. What is the difference between someone calling out your faults in a loving way versus in an accusatory way? How do you feel when you experience each approach?

Reflect

- What would it feel like for you to practice solitude this week? How would it be different from isolation for you personally? (See “Seven Steps for Practice Solitude” on the back of this discussion guide for help.)
- Based on today’s discussion, how can the group pray for you?

**Use these questions to guide your discussion. Don’t feel like you have to go through all of them and make sure you take time to talk through any questions and observations from either the sermon or the lesson with the group.*





Seven Steps to Practice Solitude

1. Gratitude

Begin by thanking God in a personal dialogue for whatever you are most grateful for today.

2. Awareness

Revisit the times in the past 24 hours when you were and were not the best version of yourself. Talk to God about these situations and what you learned from them.

3. Significant Moments

Identify something that you experienced in the last 24 hours and explore what God might be trying to say to you through that event or person.

4. Peace

Ask God to make His forgiveness for any wrongs you may have committed a source of deep abiding peace and assurance in this moment.

5. Freedom

Speak with God about how He is inviting you to change your life, so that you can experience the freedom to be who He has created you to be.

6. Others

Lift up to God anyone you feel called to pray for today.

7. Lord's Prayer

Pray the Lord's Prayer (Matthew 6:9-13).

