

Week 2 Questions | Craving the Past - Numbers 11

OPEN

- When have you been in an extremely dissatisfying situation, perhaps one that met your basic needs but left you longing or craving for something more?
- How did you respond in that situation?

DISCUSS

- Think of a time when you fell into the cycle of complaining about the present, romanticizing the past, and fantasizing about the future. How did this cycle impact your life, relationships, mindsets, etc. at the time?
- "Gratitude is actually a discipline of worship." How has gratitude been a cause for praise and worship for you in the past?
- Read Adele Calhoun's quote at the bottom of this page.
 - When you consider your heart of gratitude towards God, how can you become more focused on being thankful for His presence rather than His material blessings and actions?
 - How can you become more aware of God's good will towards you and let that steer your worship and gratitude?

REFLECT

- The Israelites were more enamored with having meat to eat than having God's constant presence. What are some things in your life that are the "meat" you desire more than God's presence?
- What are some things that you believe you cannot be okay without? How might you displace these things in your heart with the presence of God?
- What are some specific ways you can become more intentional in the practice of gratitude
 both as individually and as a group?

Gratitude is a loving and thankful response toward God for His presence with us and within this world. Though blessings can move us into gratitude, it is not the root of a thankful heart. Delight in God and His good will is the heartbeat of thankfulness.

- Adele Calhoun

